#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  KITS VAN HEYNINGEN MARTIN  (Last) (First) (Middle)  FOR ENTERDRISE CENTER					3. E	2. Issuer Name and Ticker or Trading Symbol  KVH INDUSTRIES INC \DE\ [ KVHI ]  3. Date of Earliest Transaction (Month/Day/Year)  07/01/2019											telationship of Reportin eck all applicable)  X Director  X Officer (give title below)  President/Cl			10% Ov Other (s below)	vner
50 ENTERPRISE CENTER  (Street)  MIDDLETOWN RI  (City) (State) (Zip)				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person     Form filed by More than One Reporting Person						
4			le I - No	n-Deriv		_					Dis	_				ally					7. Nature
Date			Date			2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Insti			n Disposed		ties Acquired (A) o d Of (D) (Instr. 3, 4		nd 5)	Securiti Benefic	Amount of ecurities eneficially wned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: Direct or Indirect	of Indirect Beneficial Ownership	
								(Monangay/rear)			v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock				07/01	07/01/2019					S <sup>(1)</sup>		1,050	1,050		\$10.	601	840	10,055		D	
Common Stock			07/01	/2019	/2019				S <sup>(1)</sup>		126		D	\$10.	601		1,508			By Spouse	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/D	n Date,	4. Transa Code ( 8)		on of			6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		j Security	De Sed (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e rcisabl		expiration pate	Title	е	Amount or Number of Shares						
Employee Stock Options- Right to Buy	(2)									(2)		(2)		nmon ock	(2)			170,343 <sup>()</sup>	3)	D	
Employee Stock Options- Right to Buy	(2)									(2)		(2)		nmon ock	(2)			1,116 <sup>(4)</sup>		I	Spouse

#### **Explanation of Responses:**

- $1. \ Shares sold to pay the taxes owed on a restricted stock award that partially vested on 6/30/2019.$
- ${\it 3. Represents\ total\ vested/unexercised\ options\ "beneficially\ owned"}.$
- 4. Represents total vested/unexercised options "beneficially owned" by spouse.

# Remarks:

Martin Kits van Heyningen

Date

07/02/2019

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.